

# NORTHUMBERLAND SCHOOLS' ATHLETIC ASSOCIATION

Established 1949

## GIRLS BEST PERFORMANCES

| EVENT        | JUNIOR                |         |      | INTERMEDIATE      |         |       | SENIOR           |         |      |
|--------------|-----------------------|---------|------|-------------------|---------|-------|------------------|---------|------|
| 100m         | Melissa Anderson      | 12.27w  | 1996 | Joy Eze           | 11.93   | 2019  | Kimberley Walton | 12.1    | 1984 |
|              |                       |         |      |                   |         |       | Susan Folorunso  | 12.1    | 2022 |
| 200m         | Joy Eze               | 24.76   | 2018 | Jenny Graham      | 25.51   | 2004  | Titi Ameobi      | 24.56   | 2003 |
| 300m         | Alice Geoghegan       | 42.1    | 2019 | Heather Macdonald | 40.9    | 2018  | -                |         |      |
| 400m         | -                     |         |      | -                 |         |       | Nisha Desai      | 57.3    | 2002 |
| 800m         | Ava Taperell          | 2:13.1# | 2017 | Stacey Smith      | 2:08.52 | 2006  | Stacey Smith     | 2:07.9  | 2008 |
| 1500m        | Nichola Coates        | 4:37.7  | 1995 | Laura Weightman   | 4:26.02 | 2007  | Laura Weightman  | 4:24.96 | 2009 |
| Steeplechase | -                     |         |      | Alannah Browne    | 6:07.70 | 2016  | Kate Rickerby    | 1.73m   | 2022 |
| 3000m        | -                     |         |      | Amanda Tremble    | 9:50.42 | 1993  | Holly Waugh      | 9:49.96 | 2022 |
| Hurdles      | Kate Forsyth          | 11.06   | 1993 | Rebecca Liddell   | 11.36w  | 2008  | Kate Forsyth     | 13.94   | 1997 |
|              |                       |         |      | Kate Forsyth      | 11.4w   | 1994  |                  |         |      |
| 300m Hurdles | -                     |         |      | Senna Gorvett     | 44.61   | 2024  | -                |         |      |
| 400m Hurdles | -                     |         |      | -                 |         |       | Claire Brason    | 61.6    | 2001 |
| High Jump    | Andrea Laws           | 1.64m   | 1984 | Jane Truman       | 1.73m   | 1982  | Nicola Baker     | 1.72m   | 1982 |
| Pole Vault   | Izzy Potier-Godinho   | 2.75m   | 2016 | Sally Scott       | 3.55m   | 2007  | Kate Rickerby    | 1.73m   | 2022 |
|              | Martha Hewitt-Chapple | 2.75m   | 2022 |                   |         |       |                  |         |      |
| Long Jump    | Michelle Margison     | 5.54m   | 1991 | Sadie Parker      | 5.72m   | 2024  | Carol Pears      | 5.69m   | 1975 |
| Triple Jump  | -                     |         |      | Emma Pringle      | 11.59m  | 2008  | Emma Pringle     | 12.27m  | 2010 |
| Javelin      | Bobbie Griffiths      | 35.62m  | 2015 | Bobbie Griffiths  | 43.62m  | 2017  | Bobbie Griffiths | 43.34m  | 2019 |
|              |                       |         |      | Lechelle Barnes^  | 40.98m  | 1986* |                  |         |      |
| Discus       | Dawn Watson           | 30.17m  | 1981 | Claire Moore      | 36.81m  | 1998  | Lianne Tucker    | 42.26m  | 2005 |
| Shot         | Leila Thompson        | 12.62m  | 2022 | Lucy Giles        | 12.43m  | 2019  | Emma Pringle     | 10.92m  | 2010 |
| Hammer       | Kaitlyn Waddell       | 45.47m  | 2021 | Kaitlyn Waddell   | 49.91   | 2023  | Kaitlyn Waddell  | 50.68m  | 2024 |
| Com. Events  | Geogina Mabbott       | 2870    | 2019 | Sadie Parker      | 4631    | 2024  | Sophie Bronze    | 4581    | 2016 |

\* 1986 & 2021 Trial Meeting

# CBP Set at Minor Championships

= Equals Record

^ Heavier Weight Throwen

RED = CBP

GOLD = ESAA MEDAL

SILVER =ESAA MEDAL

BRONZE = ESAA MEDAL

INT COUNTIES

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## BOYS BEST PERFORMANCES

| EVENT        | JUNIOR            |         |       | INTERMEDIATE      |         |      | SENIOR             |         |      |
|--------------|-------------------|---------|-------|-------------------|---------|------|--------------------|---------|------|
| 100m         | Jason Urron       | 11.4    | 1986* | David Riley       | 10.9    | 2001 | Liam Collins       | 10.8    | 1997 |
|              |                   |         |       | Jason Urron       | 10.9    | 1988 | Jason Urron        | 10.8    | 1989 |
| 200m         | James Sinclair    | 22.99   | 2002  | David Riley       | 21.67   | 2001 | Cameron Tindle     | 21.41   | 2015 |
| 300m         | Shaun O'Hara      | 37.20   | 2014  | -                 |         |      | -                  |         |      |
| 400m         | Adam Rowland      | 52.24   | 2006  | Joe Robertshaw    | 48.88   | 2012 | Matthew Waterfield | 48.72   | 2019 |
| 800m         | Magnus Riddell    | 1:59.76 | 2023  | Zak Old           | 1:55.66 | 2021 | Terry West         | 1:49.6  | 1988 |
| 1500m        | Max Pearson       | 4:06.50 | 2014  | Ross Murray       | 3:55.70 | 2007 | John Lucas         | 3:50.6  | 1984 |
| Steeplechase | -                 |         |       | Paul Dickie       | 4:21.99 | 1991 | Steve O'Gara       | 5:54.7  | 1989 |
| 3000m        | -                 |         |       | David Miles       | 8:31.8  | 1982 | Sean Cundy         | 8:19.0  | 1985 |
| Hurdles      | Luke Pichler      | 11.28w  | 2022  | Ben Warmington    | 12.90w  | 1995 | Jason Nicholson    | 13.78   | 2017 |
| 400m Hurdles | -                 |         |       | Niall S Flannery  | 52.57   | 2007 | Niall S Flannery   | 51.98   | 2009 |
| High Jump    | Eli Adams         | 1.81m   | 2024  | Brian Thompson    | 2.00m   | 1991 | Richard Laws       | 2.07m   | 1994 |
| Pole Vault   | Peter Eyre        | 3.55m   | 1989  | Tim Parkin        | 4.40m   | 2008 | Andrew Wake        | 4.50m   | 1988 |
| Long Jump    | David Conway      | 6.54m   | 1978  | David Eastlake    | 6.90m   | 1979 | Andrew Thornton    | 7.10m   | 1996 |
| Triple Jump  | William Armstrong | 12.88m  | 1974  | William Armstrong | 13.62m  | 1975 | Scott Hall         | 14.56m  | 2012 |
| Javelin      | Terry Morgan      | 48.40m  | 2009  | Jason Oakes       | 60.20m  | 1994 | Jason Oakes        | 55.63m  | 1995 |
| Discus       | Ruaridh Lang      | 42.52m  | 2015  | James Wordsworth  | 52.27m  | 2019 | James Wordsworth   | 50.42m  | 2021 |
| Shot         | D. Craig          | 15.03m  | 1975  | Andrew Knight     | 16.87m  | 2018 | Jack Smith         | 13.72m  | 2014 |
|              |                   |         |       |                   |         |      | William Curley     | 14.11m^ | 1971 |
| Hammer       | Stephen Watson    | 49.73m  | 1973  | Phil Scott        | 58.70m  | 1972 | Reece Straker      | 47.53m  | 2013 |

|             |              |      |      |              |      |      |                |         |      |
|-------------|--------------|------|------|--------------|------|------|----------------|---------|------|
|             |              |      |      |              |      |      | Phil Scott     | 56.54m^ | 1973 |
| Com. Events | Luke Pichler | 3076 | 2022 | Luke Pichler | 5078 | 2024 | Oliver Herring | 5931    | 2018 |

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